

Daily Word



Y PUBLICATION

Pray with Silent Unity

PEACE . . . Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

PRAYER FOR WORLD LEADERS: Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

PRAYER FOR ILLUMINATION: I am one with God, and His wisdom and understanding fill my mind. His light shines through me.

PRAYER FOR PROSPERITY: My environment is God. His order and prosperity fill my life and affairs.

PRAYER FOR HEALING: I am one with the pure life of God. It flows through me and heals me.

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DAILY WORD

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"The Years That the Locust Hath Eaten"

SUE SIKKING

ALL OF us have years behind us that we believe were wasted or lost. We can be in high school and feel that we have wasted or lost years in elementary school. We can start out in the world and feel that we wasted our high school and college years. We can find ourselves at a point of maturity and feel that we wasted the growing years. This feeling of failure does not belong to any particular part of life. Everyone of us, at some time or another, at some turn in the road of life, has felt that he has been a failure.

We are each a living story, with many chapters. Ezekiel says, "I will overturn, overturn, overturn it . . . until he come whose right it is." Our story is chapter after chapter of living. We go through many experiences before we come to our right place as children of God.

In the Bible is the story of Joel, a prophet who lived more than seven hundred years before Christ. He lived in Jerusalem in a time when a great plague of locusts had destroyed the crops and had left the people without food to eat. Joel refers to those years as "the years that the locust

hath eaten." We think we have "years that the locust hath eaten," for we have years when we have no joy in living, no happiness, no peace. We have years of which we are ashamed. Yes, Joel uses the word "ashamed." These years of which we are ashamed are years we would like to forget. We cannot forget them because we are supposed to restore them in our own hearts and minds to their rightful place. They have to be restored; they cannot be shut out. This is why they stay with us and why we cannot forget them: they have to be restored in our minds as years of good, as years of growth and experience, and not as years of evil. In a human sense the past cannot be changed, but in spiritual consciousness the past can be lifted up and recognized as part of our unfoldment.

"I will restore to you the years that the locust hath eaten . . . and ye shall know that . . . I am Jehovah your God, and there is none else." If you look back and see wasted years, then there is something to be done. These years must be restored. What is meant by "restored"? Made beautiful again. If you restore a painting or a house you bring it back to its original beauty. And we need to have our years restored so that they can go back to their original beauty.

For instance, you may have thought that you

sold your birthright by some action in the past and that you can never redeem it. But now you are in the restoring business. You would not be the person you are, you would not have the love, the understanding you have, you would not be ready for whatever God has for you today, if you had not had the experience that you are now condemning.

A wise Frenchman once said, "The past is always present." And this is true. Out of the past we are built. Out of the past we grow and unfold.

Our past has been a process of unfoldment. We unfold physically and mentally from children to adults. We unfold in spiritual consciousness. We have to get to know God and rise above limitations. You are a son of God, and you can restore the past. You can see all of your past life in its proper light. Do not try to run away from past experiences. Just try to put them in their right place. They were experiences that you came through. Put away anxiety and condemnation of yourself just as a child grown to manhood puts away his toys.

It does not matter what the past has been or what you believe about it or what you think about it, today it is being restored as a part of God unfolding in and through you. Nothing that occurred in the past can possibly separate you from

God. It is never too late to be forgiven; it is never too late to be healed; it is never too late to be prospered; it is never too late to pray; it is never too late to receive your good; it is never too late to grow.

You can restore the past. God is in you; God is your path; God is your power. And He can "restore to you the years that the locust hath eaten."

While you have been unfolding and growing through experiences, God has been unfolding in you, loving you, moving through you, sustaining you. And as He is in you in the present, so He was in you in the past. He was with you when you were having the experiences you now feel are wasted. He was there, bringing you good. He was there, helping you grow. He was there, leading you to fulfillment. He was there. How could the past have been wasted? He was there. How could you have failed? He was there. All is well.

Come up in your consciousness and restore in your own mind the Truth that God has always been with you.

"The years that the locust hath eaten" are now restored to you. For you see that those years were a part of your growth. They are a part of your heritage. They are the way you took to reach your rightful place as a son of God.

We Will Pray With You

IN THE APRIL, 1890, issue of the original *Unity* magazine, Myrtle Fillmore announced a new department of the Unity work, The Society of Silent Help. The announcement read in part: "Bodily presence is not necessary to those in spiritual harmony . . . Hence a little band in this city . . . have agreed to meet in silent soul communion . . . all those who are in trouble, sickness, or poverty, and who sincerely desire the help of the Good Father."

What faith these words expressed! What love this offer represented! It is easy to understand what this announcement meant to the readers.

To know that "bodily presence is not necessary to those in spiritual harmony" meant comfort and strength to people who were alone and lonely. It meant interchange of faith to people who had no one in their immediate vicinity who understood their way of thought.

The knowledge that "those in spiritual harmony" "agreed to meet in silent soul communion" brought a feeling of oneness that built new faith, a promise of friendship that bridged the miles.

Surely all the readers who were "in trouble, sickness, or poverty" must have rejoiced. They must have felt as people feel today when they

read the invitation to call on Silent Unity for prayer help.

The little band that agreed to meet in silent soul communion has become over a hundred consecrated workers. Whereas, the Society of Silent Help first met in one room of the Fillmore home, in the northeast section of Kansas City, Missouri, Silent Unity now prays and serves in a beautiful, two-story building in Unity Village, fifteen miles southeast of Kansas City. The handful of people that first prayed with this group has grown until over two thousand people call on Silent Unity in one day, and literally millions pray with Silent Unity.

The words that Myrtle Fillmore chose for that first invitation give a clue to the growth of this work. The fact that there was a "little band" believing in "the Good Father" brought courage and inspiration to many people.

This concept of God as the good Father is a concept that is natural when we remember the prayer that Jesus gave to us. But, so many people have a feeling of fear rather than love, a feeling of guilt rather than forgiveness, a feeling of separation rather than oneness when they think of God. To think of Him as the "Good Father" is heart warming. It gives the assurance that all is well.

A good father can be approached, can be consulted, can be depended on. Who would not sincerely desire the help of a good father? Perhaps this announcement in the magazine of April, 1890, was for some readers an invitation to enter into a new way of life, to step into a different world. Perhaps it was the first time that they realized they could ask God, the good Father, for His help and expect to receive it. But whether it was their introduction to an entirely new concept of God, or whether it was simply a restatement of a belief that they had long held, people were stirred to pray with this "little band."

Each time the invitation to pray with Silent Unity appears in DAILY WORD some eyes behold it for the first time, some hearts are lifted and cheered by the thought of people praying together. Reading the invitation, friends who have called on Silent Unity in the past remember the help and inspiration they felt through this contact and are led to renew the friendship.

Even as you read the daily lesson in DAILY WORD, as you think about the Bible text, as you pray the prayer thought for the day, you are meeting in soul communion with Silent Unity. For, each day those who form this, no longer "little," band are reading the lesson, considering the Bible text, and praying the prayer that you are using.

We, who are a part of this prayer ministry, feel that it is a privilege to be here.

Our hearts are in full agreement with Paul's statement to the Corinthians, "I had rather speak five words with my understanding." We, too, would rather speak five words with our understanding. We speak them to you when you call. We write them to you when we answer your letters. The five words we speak and write are but a simple statement of Myrtle Fillmore's promise. The five words are: "We will pray with you."

YOU NEED NEVER FEEL ALONE

Always, night and day, someone is at prayer in Silent Unity, and you can have these prayers for yourself or another at any time.

God never fails, and God is never farther than a prayer. Silent Unity prays with faith in the power of God and in the power of prayer.

You can reach Silent Unity by telegraph, Unity, WUX, Kansas City, Missouri, or BALtimore 1-4720, Kansas City, Missouri, or by letter to Silent Unity, Lee's Summit, Missouri.

What one heart cannot bear alone, over a hundred loving hearts can bear with faith.

"Let not your heart be troubled."

"Lo, I am with you always."



In July, 1924, a new member was added to the family of Unity publications. As a part of the foreword in the first issue of DAILY WORD, the editor wrote: "Let each reader consider that this magazine and its message are dedicated to him." This is still the prayer of its editors. DAILY WORD is edited under the inspiration of Silent Unity. May each issue with its message come to your home, hands, and heart with inspiration for your day. The following excerpts from letters to DAILY WORD give us real cause for rejoicing.

From Missouri:

My husband was in the hospital for surgery, how serious we did not know. I was ill with the flu. At night I would return home from the hospital; I was worried and I felt so alone and sick. At times I felt I would have to give way to my feelings and go to pieces.

One evening, instead of going to bed to lie

awake and wonder, I picked up the DAILY WORD and began to read. It seemed to me the whole issue was written for me. I read this issue over and over. From then on I became calm and trusted to the Lord to make everything right again.

He did! For which I have thanked Him many times and now I am thanking you.

From Washington, D.C.

The pertinence of the DAILY WORD lessons was most vividly revealed to me during the past month. On four consecutive days the lessons so related to me and the circumstances arising at my office that I was astonished. It was as if the hand of God had written them especially to guide me.

On the first day the relations with my employer seemed so completely inharmonious that there was no possible avenue to accord. I determined to hold my tongue and keep my thoughts centered in God. When I left for lunch I was not sure my job would be waiting when I returned. However, the lesson kept running through my mind. "I will not let thee go except thou bless me." When I returned, instead of finding myself without a job I was offered a raise in pay!

For the next two days I had to hold strongly to the daily affirmations. "For all the good that is within you, I praise you." And, "I can do all

things through Christ which strengtheneth me."

On Friday I could rejoice with the words of the lesson, "I give thanks that all the affairs of my life are in divine order." The prayers and workers in Silent Unity seemed very near.

From Pennsylvania:

Our family suffered a severe loss through the death of one of our most endeared members. On our return trip from the funeral, and with hundreds of miles of driving ahead, it seemed there could be nothing to fill the emptiness in our hearts. Before starting the trip I had included a copy of DAILY WORD. Suddenly all became quiet, and I opened the magazine to the message for that particular day. I was astounded. The message I was reading was: "I am one in spirit with those I love. I can never feel separated from them. If I am called upon to meet the passing of a dear one I remember that the same wonderful love that led both of us to this place in our unfoldment is always sustaining, directing, and protecting us."

Reading that much to myself I decided to begin again and read aloud as we drove along. It was as though this meaningful message was meant directly for us at that particular time. I personally have witnessed similar instances previously, but shall always be grateful for this special one.

APRIL 1

Wednesday

I LOOK PAST CONFUSION TO GOD. I MAKE WAY FOR DIVINE ORDER TO EMERGE IN MY MIND, BODY, AND AFFAIRS.

SOMETIMES it may seem that everything goes wrong. We wonder what has happened, where we have gotten out of touch, out of tune. This is when we need to affirm divine order; this is when we need to get a strong and clear realization of the divine order of Spirit that is inherent in us and in all the affairs of our life.

There is always divine order. It does not matter what the situation is, what the appearances are. It does not matter how muddled or confused our affairs may seem to be, we can call forth the divine order that is present by affirming it, by claiming it, by believing in it. When we affirm divine order in mind, body, and affairs, when we open ourselves to this idea, then we are shown ways in which we can be channels for the bringing forth of divine order. We do not create divine order; rather, we clear our mind and our life of that which has been confusing, thus making it possible for divine order to emerge.

♣ *For God is not a God of confusion, but of peace.—I COR. 14:33.*

Thursday

APRIL 2

"THE FRIENDS I SEEK ARE SEEKING ME."

OUR STATEMENT for today is a line from the poem, "Waiting," by John Burroughs. These words express beautifully the universal law of attraction. For every demand there is supply. For every desire there is fulfillment. This is especially true where the desire for companionship is concerned. There is companionship for every person.

The ideal friends, the friends we would like to have, are in turn desiring to meet the kind of friend we would prove to be. The friends we are looking for are looking for us. As we pray about making friends, the meeting will occur.

When friendship is right it is mutual, never one-sided. A friendship, in order to be satisfying and to contribute to our good, needs to be satisfying to the other person and to contribute to his good also.

As we endeavor to be the kind of friend we would like to have, we will help to dispel loneliness in the lives of others, and in doing this we will find that our own loneliness is dispelled.

♣ *This is my beloved, and this is my friend.*—SONG OF SOL. 5:16.

Friday

TO THIS MOMENT I GIVE THE VERY BEST
THAT I HAVE.

RIGHT NOW is the most important moment in my life. No matter where I am—at home, at school, in the office, on the street, with someone, or alone; no matter what I am doing—working, playing, studying, praying, speaking, listening, reading, writing, resting, this is the most important moment in my life. Therefore, I will give to this moment the very best that I have—the gift of my undivided attention, my highest thought, my deepest feeling, my greatest strength, my fullest appreciation. That which I am now doing I do to the glory of God.

The past is past. The future is yet to be. I live now. This moment I am in the very presence of God. I can never be any closer to God. In Him I live, move, and have my being. I am awake to His living, loving presence with me and in me. Right now I am alert to the rich opportunities that this moment holds and I am a willing channel for their fulfillment. To this moment I give the very best that I have. And this moment brings me only the best.

♦ *Behold, now is the acceptable time.*—II COR. 6:2.

Saturday

APRIL 4

I AM ONE WITH THE PROTECTING PRESENCE
OF GOD.

AS LOVING parents protect and wisely care for their children, so does our infinitely loving Father-Mother God protect and care for us.

Because we know that God's protecting presence infolds us, we are able to release every thought of fear and every belief in any other presence or power.

As we strongly affirm our oneness with the protecting presence and power of God, we let go of doubt and timidity. We are poised and fearless. Then, when circumstances demand our full attention we are alert, our thoughts are orderly, our reflexes are sure. All our activities are carried on in perfect safety.

The protecting presence of God fills our environment. Our homes, our automobiles, our belongings are kept in this protecting presence. We trust our families and our friends to this protecting presence. We place our country and all countries under this protecting presence.

✦ *Jehovah preserveth all them that love him.*—PSALMS 145:20.

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APRIL 5

Sunday

I BLESS EVERY MAN IN HIS SPIRITUAL UN-
FOLDMENT.

TRUTH IS infinite in expression. There is only one God revealing Himself in the many different religious denominations. Though the ideas of another person may not conform to my ideas, this does not mean that his ideas are not right for him or that my ideas are not right for me.

No one person has the complete and final revelation of God. Each person who is receptive has that part of the divine revelation that is important to his growth. There is no one group that is more enlightened or advanced than another group. Each group is working along lines most conducive to this group's spiritual unfoldment at the moment.

God is revealing Himself in many beautiful and many different ways, all of which are necessary. They provide the adherents of every religion with a pathway to progress. Man's spiritual sights are set on the same summit; man's spiritual unfoldment will bring him ultimately to the "one God and Father."

♣ *Other sheep I have, which are not of this fold.*
—JOHN 10:16.

Monday

APRIL 6

I TAKE THIS TIME TO LISTEN TO THE FATHER.

I TRY ALWAYS to pray, listening. I study the prayers of Jesus and I know that He prayed to the Father in a listening attitude. In the listening prayer I become more and more aware of God's goodness. I see with a new and revealing clarity. My ears are attuned to divine instruction. My will is blended with God's will.

The Father knows my needs. He has heard the yearning of my heart. He has seen me seeking after Truth.

I find that when I pray, asking, my prayer is filled with thoughts of myself. When I pray, listening, my prayer is filled with thoughts of God, and I invite more of God into my life.

The listening prayer brings me His wonderful peace. It brings me His sustaining comfort. It brings me rest—rest that dissipates all weariness and fills me with a loving desire to be about my Father's work.

I make my time of prayer a time of listening and I leave this time of prayer with a quickened spirit and a grateful heart.

♣ *A wise son heareth his father's instruction.*—PROV. 13:1.

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APRIL 7

Tuesday

ALL CHANGE IN MY LIFE IS PERFECTLY TIMED
AND IN ACCORD WITH GOD'S LAW.

THROUGH PRAYER all change in my life is accomplished easily and successfully, for change is a natural part of the law of life. Changes come as I grow and as I progress. By keeping an open mind I am receptive to new ideas, new ways, new methods, new experiences. I do not allow myself to become sluggish, stale or unyielding. Mentally and physically I am active, fresh, and pliant.

I keep in tune with God's laws. I find that the same laws that bring the welcome change of spring, following the wonderful rest of winter, work in my own life and affairs. The miracle of growth takes place in me just as it takes place in the world about me.

I never say: "This is not the time for change." Rather: "All change in my life is perfectly timed." I never say: "I am afraid of change." I know that as I declare, "All change in my life is in accord with God's law," there can be nothing to fear. I go, through all changes, to meet my good.

♣ *Behold, the former things are come to pass, and new things do I declare.*—ISA. 42:9.

Wednesday

APRIL 8

I BELIEVE IN LIFE.

I BELIEVE in life in my body and in every part of my body. I believe in the renewing power of life. I believe that from the top of my head to my toes I am a new creature every day. I no longer limit myself by attaching the thought of age to my body. I am ageless.

I believe in the wholeness of man. This wholeness includes a quickened, victorious spirit, an illumined, responsive mind, and a vital, energetic body. I am whole.

I believe in perfection. I believe in perfect eyesight. I believe in perfect hearing. I believe in perfect organs and in perfect functioning of all organs. I believe in perfect life. I am thoroughly alive.

I believe that life is a free gift to me from God. I believe that life is continually poured out for me and through me. I believe that I accept life by seeing life, feeling life, sensing life, expressing life, and enjoying life.

Believing these things, I make a covenant with God: I believe in life!

♣ *As thou hast believed, so be it.*—MATT. 8:13.

8 APRIL 9

Thursday

I GATHER UNTO MYSELF THE OVERFLOWING
GOOD THAT IS GOD'S WILL FOR ME.

WE ARE not without resources, even if our purse is empty, our larder bare, our bank account depleted. These are appearances of sickness in our financial affairs and they can be healed, as surely as an appearance of physical sickness can be healed.

How do we pray for the healing of our finances? We pray in much the same way as we pray for healing of the body. Prayer, the stilling of our mind, body, and emotions and the opening of our whole being to God, re-establishes us with our Source. As we wait in silence on the Lord of our being, as we say to ourselves over and over, "God only," we rise out of fears, doubts, and beliefs in lack or limitation, into a sense of inner renewal and assurance. We feel refreshed and inspired; we feel ready to meet the issues of life. As we pray for more of God in our life the empty places are filled, the lacks disappear. We gather unto ourselves the overflowing good that is the Father's will for us.

✦ *It is your Father's good pleasure to give you the kingdom.—LUKE 12:32.*

Friday

APRIL 10

I RELEASE ALL MY AFFAIRS INTO GOD'S CARE.
I AM RELAXED AND FLEXIBLE.

I LET GO and I let God have His perfect way with me. I release all my affairs into God's keeping, knowing that I do not have to force my good into being. I am alert to God's guidance. I am ready to take prompt action when I am divinely led to do so.

I maintain a relaxed attitude and I keep my attention focused on the good. In this way I am prepared to accept the blessings I seek. I am free from any tendency to insist that good be made manifest according to my own personal specifications.

I am flexible. I am an open channel. Good flows to me, through me, and from me. I do not find it necessary to force other persons into patterns I conceive for them. I free them into God's love and care, knowing that He will guide, direct, and bless them.

My attitude is in keeping with Jesus' attitude when He prayed: "Thy will be done." I know that God's will is good will, and all is well with me and with my world.

♣ *Not as I will, but as thou wilt.*—MATT. 26:39.

APRIL 11

Saturday

I SEEK GOD AT THE BEGINNING OF EACH DAY
AND AT THE FIRST INDICATION OF A NEED.

THE PSALMIST said, "O God, thou art my God; early will I seek thee." In Proverbs we read, "I love them that love me; and those that seek me early shall find me." We also have the promise that "God is in the midst of her; she shall not be moved: God will help her, and that right early."

Early in the morning, as soon as I awaken, before I begin to think of outer things, I seek God in prayer. I seek God in faith. I consecrate myself and my day to Him.

If during the day a need arises, I will seek God first. I will turn to Him for help. I will seek Him early. I will not wait; I will not put God last. If I find myself struggling through some problem without turning to God first, I will immediately let go and let God give me the light, the strength, and the composure that I need. I will reconsecrate myself to God. I will seek Him with my whole heart, and I will find Him "right early."

♣ *O God, thou art my God; early will I seek thee.*
—PSALMS 63:1 (A.V.)

WE ARE THE BUILDS



The brave new world that we hope to see
Must be fashioned by people like you and me;
By hands like ours, and our neighbor's hands
And their counterpart in the farthest lands.
The love that we want all men to feel
Must spring from our own hearts, live and real.

ILS

R. H. GRENVILLE



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al.
For we are the builders, the task that stands
Ahead is for our own hearts and hands,
And who shall limit what may be done,
What wonderful goals may yet be won,
When, out of suspicion's fear and dearth,
Love dares to fashion a heaven on earth?

Sunday

APRIL 12

MY STRENGTH IS RENEWED.

“**T**HEY THAT wait upon the Lord shall renew their strength.” And most of us do need to renew our strength. We want to be stronger spiritually, we want to be stronger physically.

But the question is how do we wait upon the Lord? Perhaps for one the answer will be, wait upon the Lord by quietly resting. This rest may be from worrying, from striving, even from working. For another person the answer may be, wait upon the Lord by listening. If we have need of guidance in regard to the care of our body or if we need spiritual illumination as we listen in prayer, we will find we are quickened in knowledge and our strength is renewed.

Perhaps for still another the answer will be, wait upon the Lord by serving Him. We serve Him by serving His children. As we use the strength that we have, we find that our strength is renewed.

However we choose to “wait upon the Lord” we can know that our strength will be renewed.

♣ *They shall mount up with wings as eagles; they shall run, and not be weary.*—ISA. 40:31.

2 APRIL 13

Monday

THE FORGIVING LOVE OF GOD EXPRESSES
FREELY THROUGH MY MIND AND HEART,
AND HEALS MY BODY.

"**H**ERE IS a mental treatment that is guaranteed to cure every ill that flesh is heir to," writes Charles Fillmore. "Sit for half an hour every night and mentally forgive everyone against whom you have any ill will or antipathy . . . see all things and all persons as they really are . . . and send them your strongest thoughts of love."

Love and life are closely related. Forgiveness is a part of love. When I open my heart and mind to forgive and to love, I also open my being to life. When Jesus opened His heart to forgive, He opened the way to His resurrection and to eternal life.

I let the forgiving love of God express freely through me. I cleanse my mind through the power of forgiveness and I fill my mind with thoughts of love. Just as God loves and forgives me, He loves through me and He forgives through me. God's love fills my heart; God's life fills my body.

♣ *Father, forgive them; for they know not what they do.*—LUKE 23:34.

Tuesday

APRIL 14

I DO NOT LIMIT THE INFLOW OF MY PROSPERITY TO ONE CHANNEL. I LOOK TO GOD FOR MY SUPPLY, AND GOD IS EVERYWHERE.

I LOOK TO God as the source of my supply and I have faith that my good will come to me in both expected and unexpected ways. I am grateful for all income that I receive from specific work and I remind myself that life compensates me for many things and in many ways. My prosperity does not always come in the form of money. In some tangible way the all-providing Father will bountifully reward all my honest, sincere efforts.

I know that when a need arises there is a supply to satisfy that need. It is not necessary for me to receive this supply through any particular channel. All channels are open. My part is to keep an awareness of the constantly increasing substance that is flowing to me from every direction.

I lift all limitations from my mind. I do not limit my prosperity. I do not limit my faith in God's ability to provide. I accept my good now.

♣ *O Lord . . . send now prosperity.*—PSALMS 118:25. (A.V.)

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APRIL 15

Wednesday

MY WORLD IS FILLED WITH THE LIGHT OF
GOD.

SHADOWS are caused by the inability of ordinary light to penetrate solid objects, but the light of God is no ordinary light. The lighting facilities in one room may differ greatly from the lighting facilities in another room. A floodlit auditorium will appear as bright as day, while a small room illumined by a single candle may be filled with shadow.

But the light that shines in one man is the same light that shines in all men. It is the light of God. Nothing can withstand, obstruct, or interfere with the light of God that shines in man. Its blessing, freeing, healing power transfigures everything with its own radiant perfection. Neither time, space, nor hardness of heart can withstand its penetrating, permeating power.

Switch on the light in a darkened room and where is the darkness? It ceases to exist. Become conscious of the light that shines within, and every thought is spiritually illumined.

Your world is filled with light because you have the light of God.

✦ *The light shineth in the darkness.*—JOHN 1:5.

Thursday

APRIL 16

I AM STRONG AND COURAGEOUS.

LIFE DAILY offers me opportunity to be strong and courageous. No matter what condition, circumstance, or situation challenges me, I can be courageous. My courage is not a matter of "whistling in the dark." I find true courage through prayer. The courage I find is an inexhaustible courage that sings in my heart and is expressed as courageous words and actions.

Life daily offers me opportunity to encourage other persons. I share the courage that I gain through prayer with my loved ones, with my friends, with those I contact in my daily experiences. If I am concerned for the welfare of another person, I remember that through prayer he has access to strength and courage. The encouragement that I give others to trust God, to turn to Him in prayer, and to step forth on the strength and courage they find within themselves is greater than any material assistance I might extend, more helpful than any specific advice I might offer.

My prayer is to be ever strong and courageous, and to see only strength and courage in others.

♣ *Be strong, and let thy heart take courage.*—PSALMS 27:14.

APRIL 17

Friday

BEGINNING TODAY, I TAKE GOD AS MY PARTNER.

GOOD PARTNERS always consult one another concerning their business affairs. They are fair with one another. They share with one another. Each does his part of the work. When I take God as my partner I am making a covenant to do these things.

I take God as my partner in my schoolwork, in my housework, in my business. I do my part by applying myself attentively, by preparing the required work, by keeping order, by bringing forth beauty, by being industrious, honest and efficient. God does His part by guiding me aright, giving me poise and a good memory, by blessing me with a tireless and joyous spirit, and by inspiring me and endowing me with new enthusiasm.

A good partner expresses appreciation to his associate for work well done. I praise and give thanks to God for His help in everything I do. God, in turn, expresses His appreciation for me by pouring His abundant good out upon my life.

With God as my partner I am assured of success, happiness, security, and satisfaction.

♣ *Countest me a partner.*—PHILEM. 17.

Saturday

APRIL 18

GOD'S LAW OF GOOD IS NOW ACTIVE IN MY
LIFE.

IF YOU have property to sell or to rent, know that God's law of good is now active in your life bringing about the perfect disposition of this property. If there are certain steps that you should take to bring this property to the attention of a buyer, you will know these steps and take them.

If you are seeking to buy or rent property, know that God's law of good is now active in your life, guiding you to your rightful place. God's law of good will help you to contact the persons who are desirous of selling or renting property that will fit your specifications. God's law will help in the settling of details and in making the exchange just and right.

In the buying, selling, or renting of property we can seek divine direction and help. It is through such practical application of the principles of prayer that we know we are using our faith and making it an integral part of our life. It is through trusting God in such everyday matters that we learn to turn to Him first in all things.

♣ *All things work together for good.*—ROM. 8:28.

APRIL 19

Sunday

I AM OF GOOD CHEER.

I BELIEVE in the goodness of God and the divinity of man. I believe in the beauty and the dignity of life, and that life is eternal. I believe that with God all good is possible and I expect good here and now.

I am of good cheer because I expect the best. Experience has taught me that I can foster the good by believing in it. What we look for and believe in we help to create and to perpetuate.

I am of good cheer because my happiness does not depend on other persons, special events, or particular rewards. These are unpredictable and changing. My happiness depends on my understanding of the nature of God and of man's relationship to God.

Because I am of good cheer there is warmth and wonder in my world. Other people, sensing my good cheer, want to share it with me. They, too, want to believe in the goodness of God and the divinity of man. They, too, want to believe that with God all good is possible.

✦ *Ye shall go out with joy, and be led forth with peace: the mountains and the hills shall break forth before you into singing.—ISA. 55:12.*

Monday

APRIL 20

GOD IS WORKING IN AND THROUGH ME TO
FULFILL HIS DIVINE PURPOSE.

I AM AWAKENED to the realization that within me is "One who is greater than I." Within me is One who is guiding, sustaining, healing, renewing, strengthening me, One who has prepared greater good for me than anything I have imagined or dared to believe. Within me is One who has created me for a purpose, One who has loved me with an everlasting love, One who has been with me throughout eternity—though I knew it not—One whose will for me is good.

In the silence of the secret place, in times of meditation and prayer, in flashes of inspiration, in peace that passes understanding, I am awakened to the Truth that God is working in me and through me to fulfill His divine purpose.

Each day I am resurrected into new life. Each morning I arise to a world refreshed by the loving, healing activity of God. Each moment I am more aware that God works in me and God works through me and I am willing to do His will, ready to fulfill His purpose.

♣ *For it is God who worketh in you both to will and to work, for his good pleasure.*—PHIL. 2:13.

APRIL 21

Tuesday

THROUGH GOD'S GUIDANCE I LIVE A BALANCED LIFE.

IN THE midst of a busy life I take time for meditation. I live my life in a divinely ordered pattern. There is time for prayer, time for work, time for play, time for rest, and time for every activity that is needful to me. In this way I live a balanced life.

In this life, filled with varied activities, the opportunities for spiritual growth are mightily present. Through my diversified experiences I achieve a well-rounded, expansive outlook. This enables me to view objectively all sides of every situation. With the Father's help and guidance I then reach right conclusions and act with wisdom and foresight.

No matter which activity I am pursuing, I am aware of the Father's presence helping me to maintain a proper perspective and balance. In this way I am equipped to approach every activity with confidence, with a sense of newness. I am equipped to get the most from that activity. I am equipped to live a satisfying life.

♣ *There are diversities of workings, but the same God, who worketh all things.—I COR. 12:6.*

Wednesday

APRIL 22

GOD'S HEALING LIFE IS THE ONLY ACTIVITY
AT WORK IN EVERY ATOM AND CELL OF MY
BEING.

INDWELLING Father, I now open my mind to receive Thy guidance concerning the care of my body. I know that my body was created in the image of perfection. I know that Thy Spirit constantly re-creates my body in this same image. No matter what the appearance, Thy life can easily and speedily remold any part of my body into the divine perfection it intended.

I claim health as my heritage. I am in perfect agreement with the life idea. I affirm: "God's healing life is the only activity at work in every atom and cell of my being."

My thinking is guided into healthy and optimistic channels. My speech praises Thy healing life within. My eating and my living habits conform to Thy laws of balance, temperance, and good judgment.

Indwelling Father, I surrender myself, my body temple, and my mind to Thee. Thy healing life is the only activity at work in me.

♣ *Jehovah will take away from thee all sickness.*—DEUT. 7:15.

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APRIL 23

Thursday

GOD'S LOVE AND JOY ARE EXPRESSED THROUGH ME, AND I AM A KIND, THOUGHTFUL PERSON.

SOMETIMES in an effort to be gay and entertaining we make clever barbed statements. We think of ourselves as being witty, until we realize that the words we have spoken in this way have hurt another person. Then we wish we had never spoken and we are embarrassed and regretful.

When we let the love and joy of God bubble up within us and express themselves through us, we find that we appreciate the humor in a situation, and our world is filled with fun and happiness. But there is never a need to speak a thoughtless, unfeeling word or make a cutting remark.

Love and joy are important in the making of friends and in the keeping of friends. They are important to our own peace of mind. Because our desire is to be a good friend and to express love and joy, we can be certain there is a right way for us to prove our friendliness and a good way for us to voice our love and joy. And we will find that right and good way.

♦ *Be ye kind one to another.*—EPH. 4:32.

Friday

APRIL 24

I BLESS MY WORK, AND MY WORK BLESSES ME.

DO YOU enjoy the work that you are doing? Do you feel that your work is worthy of you and that you are worthy of your work? When was the last time you thanked God for the work that you do?

As we answer these questions we may learn very interesting and very helpful facts about ourselves. If we come to our work with a smile, with a happy heart, and if we are able to give it our time without begrudging one minute, our work is fun; it is stimulating, and we enjoy it.

If we are proud of the work we do and of the result of that work, if we feel that it uses our talents and affords us opportunities, our work is worthy of us. If we are giving our best, if we are co-operative, loyal, and honest, we are worthy of our work.

If right now we can say, "Thank you, God, for the work we do," and mean every word of it, we are richer and more successful than we were before we read this lesson. For through the gates of gratitude comes a multitude of blessings!

♣ *Godliness with contentment is great gain.*—I TIM. 6:6.

APRIL 25

Saturday

YOU ARE UPHELD AND COMFORTED IN ALL
WAYS.

WE FEEL deep compassion for those who are saddened by bereavement. We grope for helpful words and we want to lend a helping hand. It is natural that our heart should go out in love at a time like this. It is just as natural that we should desire to voice our thought.

The sincerity behind this love and this desire will be felt by the one in need, and he will feel that we are helping to strengthen him as we pray with him. Even if our prayer is spoken only in our own heart, he will find that his heart responds.

If it is in order for us to say something to the one concerned, if it is in order for us to write him a note, or send a remembrance, we shall be led to do that which will convey the most love and thoughtfulness. These outer symbols will be richer in meaning if they are sent with our prayer, "You are upheld and comforted in all ways." Our friend will be strengthened if we think of him as upheld and behold him as comforted.

♣ *He shall give His angels charge over thee.*—PSALMS 91:11.

Sunday

APRIL 26

I AM AT PEACE WITH THE WORLD BECAUSE
I KNOW THAT GOD IS LOVE.

I CANNOT KNOW that God is love and at the same time fear my brother. I cannot feel that our racial, religious, and national differences are more than surface differences. We are all God's children. Being children of the same Father, who is love, how can we be other than loving?

I cannot doubt that there is a desire for peace in the heart of every child of God. I cannot feel that I am alone in my prayer for peace. I can only believe that when my brother speaks of peace he speaks from his heart, when he prays for peace he prays to the one Father, who hears and answers all prayers.

"I am at peace with the world because I know that God is love." I am at peace with the world because I bring only peace into the world. I know that God is love and I act on this knowledge. I am loving. I expect love. I find love. Other people are loving, expect love, and find love. This fundamental likeness assures us of a peaceful world.

♣ *He that loveth not knoweth not God; for God is love.*
—I JOHN 4:8.

APRIL 27

Monday

I CHOOSE THIS DAY TO SERVE GOD ONLY.

LORD, I AM grateful for the power of choice. I am grateful for the freedom to choose my thoughts, to choose my words, to choose the ways in which I would express myself.

Lord, I choose to think of You as my Father, as love, and as law. I choose to think of myself as Your child, loved by You, living under Your law of good. I choose to think of my world as Your world. I choose to think Your thoughts after You.

Lord, I choose words that will most aptly state my faith in the light, life, substance, and peace that I know are parts of Your love and law. I choose to use positive words and make them meaningful.

Lord, I choose to express myself in ways that will glorify You. All the talents, the gifts, the blessings You have given me I use in my daily activities. I use them without fear of their diminishing. I use them freely and joyously. I express the light of God, the life of God, the substance of God, and the peace of God.

♣ *Choose you this day whom ye will serve.*—JOSH. 24:15.

Tuesday

APRIL 28

GOD IS YOUR HELP IN EVERY NEED.

WHEN SOMEONE comes to you seeking help and guidance in relation to a personal problem, are you at a loss as to how to aid or advise him?

The answer to the problem lies within the individual asking the help. Within that person is wisdom to set right all that is out of order, patience and love to re-establish harmony, and joy to re-create happiness. The person becomes aware of wisdom, he is enabled to use patience and love, he expresses joy when he looks to God for help. He looks to God through prayer. Perhaps he will want your prayers. Perhaps he will want the prayers of others. Perhaps, when he is reminded of the power that is accessible to him, he will find his way without other help.

The one seeking help needs your understanding. When he feels free to unburden himself, when he is encouraged to look to God for his help in every need, his faith is renewed, his courage is restored, and his life and affairs are filled with good again.

♣ *Yet am I with you in the spirit, joying and beholding your order.*—COL. 2:5.

APRIL 29

Wednesday

I PUT MY TRUST IN GOD.

AS I BEGIN this new day I quietly affirm: "I put my trust in God." This is my starting point for every thought, word, and deed. God kept me safely through the night, and I know that He will guide, guard, strengthen, and inspire me in all the activities and experiences of the day.

If I am called on to deal with a difficult problem, or travel an unknown road, I remind myself that God is with me and that He will surely carry me through. If unexpected changes come in life's pattern, I rest in the assurance that "to them that love God, all things work together for good." No outward condition can disturb me. I rise triumphant over all feeling of discouragement or disappointment. "I put my trust in God."

I go forward under God's guidance, upheld by His sustaining power. My steps cannot falter or fail, for God is with me. In His presence I find peace and rest. I give thanks for all the blessings of life. "I put my trust in God."

*Some trust in chariots, and some in horses;
But we will make mention of the name of Jehovah our
God.*

—PSALMS 20:7.

Thursday

APRIL 30

I ACCEPT MY HEALING NOW.

THE FIRST step in any healing is a willingness to accept healing. When some inharmonious condition has been of long duration, we tend to feel helpless about it. The man at the pool of Bethesda thought his inability to enter the healing waters at a special time prevented his being cured. Jesus showed him that healing depends purely on the receptivity of man to the perfect will of God. "Wouldest thou be made whole?" Jesus questioned.

The man had been infirm for such a length of time that he found it difficult to accept the idea of wholeness for himself. But Jesus' command, "Arise, take up thy bed and walk," swept away the false belief, and the man was healed.

Today I accept my healing, utterly, joyously, completely. I know that nothing can come between me and God's freeing, healing love. I am immersed completely in the radiant life of God. All that is not perfect is swept away. In the radiance of God's living presence I am strengthened and I am made whole.

I accept my healing now.

♣ *Wouldest thou be made whole?*—JOHN 5:6.

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DO YOU HAVE TROUBLE SLEEPING?

If you sometimes suffer from insomnia, you will want to be sure to read an outstanding article in the April number of *Good Business* magazine that tells how you can cure yourself of this complaint. Entitled "A Mountain for a Pillow," this article by Eric Butterworth gives a proven method for finding restful sleep every night.

"Perhaps one of the major causes of insomnia," states Mr. Butterworth, "is our trying to 'sleep on our luggage' in a figurative sense. We retire to our beds at night with our minds full of all the things we are carrying through life; possessions, job, material things that represent our outward security. Such things make poor pillows." He goes on to tell how we can choose the right kind of pillow for quiet slumber.

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UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

As a Child

ELIZABETH LANDEWEER

Once, as a little carefree child,
My feet were always on the run,
The world that I inhabited
Was like a garden in the sun,
And there the petals of the hours
Were always fresh with morning dew,
And in the dappled light and shade,
I was the leaf, the bird that flew,
The cloud that floated up above,
The honeybee, the butterfly,
The brook, the grass, the velvet dust,
And sunlight's golden-yellow eye.

Now, I have put off childish things,
That I may serve my fellowmen,
Yet in my heart the garden lies,
And often I go there again,
Just for a little while with God,
That I may not forget the place
Where all was innocence and light—
Just for a moment, I retrace
That path all bright and blossoming,
To touch my Father's waiting hand,
Then, strengthened, I go out with joy—
Life is a green and pleasant land!

